

#NorfolkCan **SUGAR SMART**

@ Wensum Junior

We are excited to be working with NHS Norfolk Children and Young People's Health Services to get **SUGAR SMART**

Children and their parents/carers will be invited to take part in lots of activities at home and at school from November to January.

Come and join us for the first of two family cafe's:

Date: 7th November 2019

1:45pm - 2:45pm

Your child will receive a **FREE** water bottle and a drawstring bag full of goodies!

