



Wensum Junior School - An Evolution Academy Trust School

Headteacher: Ms V McConnell

Deputy Headteacher: Mr P Hubery

Turner Road
Norwich
NR2 4HB

Tel: 01603 620877
Email: office@wensum.norfolk.sch.uk
Website: www.wensumjunior.co.uk

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Dear Families,

Central to our whole school vision of developing children who are 'honest, kind and respectful, brave and articulate, in a community dedicated to the growth of independent, imaginative and inquisitive people', is that the children at Wensum are equipped with the skills and values which will enable them to become active citizens. An essential element of this is Relationships and Health education.

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online. Your child will be taught what a relationship is, what friendship is, **what family means and who can support them. In an age-appropriate way, we will cover how to treat each other with kindness, consideration and respect.**

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise

This term:

Year 3 will be thinking about appropriate and inappropriate physical contact and consent

Year 4 Know about the physical and emotional changes that happen in puberty

Year 5 To understand male and female puberty changes in more detail

Year 6 Exploring the importance of communication and respect in relationships

An all through policy, covering both Nelson and Wensum, is available on the school website. Please feel free to contact the class teachers if you have any concerns or queries.

Kind regards

Mark Swan

PSHE co-ordinator

