

28TH AUG-18TH SEPT-9TH OCT-27TH NOV-18TH DEC-8TH JAN-29TH JAN

WEEK 1

PRIMARY

SCHOOL

MENU

WENSUM JUNIOR SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT

Choice

Beef Pasta Bolognaise
(GL)

Ham Pizza
with Garlic Bread
(GL-MI-SO)

Roast Chicken with Diced
Roast Potatoes & Gravy

Hot Ham & Cheese
Panini
(GL-MI-SO-MU-SE)

Fish Fingers with Chips
& Tomato Sauce
(GL-FI)

VEGETARIAN

Choice

Mac & Cheese
(GL-MI-MU)

Margherita Pizza
with Garlic Bread
(GL-MI-SO)

Quorn Roast with Diced
Roast Potatoes & Gravy
(EG-MI)

Hot Cheese Panini
(GL-MI-SO-MU-SE)

Vegan Sausage with
Chips & Tomato Sauce
(SO)

PASTA

Tomato Pasta
(GL)

Tomato Pasta
(GL)

Tomato Pasta
(GL)

Tomato Pasta
(GL)

Tomato Pasta
(GL)

**JACKET
POTATO**

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

SANDWICH

Ham, Cheese & Tuna
(GL-SO-MI-FI)

Ham, Cheese & Tuna
(GL-SO-MI-FI)

Ham, Cheese & Tuna
(GL-SO-MI-FI)

Ham, Cheese & Tuna
(GL-SO-MI-FI)

Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans & Peas

DESSERT

Fruit Yoghurt
(MI)

Chocolate Cake
(GL-EG)

Oaty Cookie
(GL)

Fruit Jelly

Dessert Selection
(GL-MI-EG-SU)



@Pantry_uk
 The Pantry UK
 @ThePantry_uk
 The Pantry (uk) Ltd
 @Pantry_uk

BREAD CONTAINS - GL - MI - EG - SO



ALLERGY KEY
 CELERY - CE / GLUTEN - GL /
 CRUSTACEANS - CR / EGGS - EG /
 FISH - FI / LUPIN - LU / MILK - MI
 MOLLUSCS - MO / MUSTARD - MU /
 NUTS - NU / PEANUTS - PE /
 SESAME SEEDS - SE SOYA - SO /
 SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



WEEK 2

PRIMARY SCHOOL MENU

WENSUM JUNIOR SCHOOL

4TH SEPT-25TH SEPT-16TH OCT-6TH NOV-4TH DEC-25TH DEC-15TH JAN-5TH FEB

MEAT Choice

VEGETARIAN Choice

PASTA

JACKET POTATO

SANDWICH

VEGETABLES

DESSERT

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pork Sausage & Mash
(GL-SU)

Chicken & Sweetcorn
Pizza with Garlic Bread
(GL-MI-SO)

Roast Turkey with Diced
Roast Potatoes & Gravy

Chicken Curry
with Rice

Fish Fingers with Chips
& Tomato Sauce
(GL-FI)

Quorn Sausage & Mash
(GL-EG-MI)

Margherita Pizza
with Garlic Bread
(GL-MI-SO)

Vegetable & Potato Pie
with Gravy

Vegetable Curry
with Rice

Vegetable Chilli
with Chips
(SO-GL)

Tomato Pasta
(GL)

Tomato Pasta
(GL)

Tomato Pasta
(GL)

Tomato Pasta
(GL)

Tomato Pasta
(GL)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Salmon
(MI-FI)

Ham, Cheese & Tuna
(GL-SO-MI-FI)

Ham, Cheese & Tuna
(GL-SO-MI-FI)

Ham, Cheese & Tuna
(GL-SO-MI-FI)

Ham, Cheese & Tuna
(GL-SO-MI-FI)

Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans & Peas

Fruit Yoghurt
(MI)

Sprinkle Sponge Cake
(GL-EG)

Apple Flapjack
(GL)

Fruit Jelly

Dessert Selection
(GL-MI-EG-SU)



@Pantry_uk
 The Pantry UK
 @ThePantry_uk
 The Pantry (uk) Ltd
 @Pantry_uk

BREAD CONTAINS - GL - MI - EG - SO



ALLERGY KEY
 CELERY - CE / GLUTEN - GL /
 CRUSTACEANS - CR / EGGS - EG /
 FISH - FI / LUPIN - LU / MILK - MI
 MOLLUSCS - MO / MUSTARD - MU /
 NUTS - NU / PEANUTS - PE /
 SESAME SEEDS - SE SOYA - SO /
 SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



WENSUM JUNIOR SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT

Choice

Beef Burger with Corn on the Cob (GL-SU-SO-SE)

Pepperoni Pizza with Garlic Bread (GL-MI-SO)

Roast Gammon with Diced Roast Potatoes & Gravy

Beef Lasagne with Garlic Bread (MI-GL-EG-SO)

Fish Fingers with Chips & Tomato Sauce (GL-FI)

VEGETARIAN

Choice

Vegetable Bean Burger with Corn on the Cob (GL-SE)

Margherita Pizza with Garlic Bread (GL-MI-SO)

Vegan Sausage with Diced Roast Potatoes & Gravy (SO)

Veggie Lasagne with Garlic Bread (MI-GL-EG-SO)

Vegan Nuggets with Chips (GL)

PASTA

Tomato Pasta (GL)

Tomato Pasta (GL)

Tomato Pasta (GL)

Tomato Pasta (GL)

Tomato Pasta (GL)

JACKET POTATO

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

SANDWICH

Ham, Cheese & Tuna (GL-SO-MI-FI)

Ham, Cheese & Tuna (GL-SO-MI-FI)

Ham, Cheese & Tuna (GL-SO-MI-FI)

Ham, Cheese & Tuna (GL-SO-MI-FI)

Egg, Cheese & Tuna (GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans & Peas

DESSERT

Fruit Yoghurt (MI)

Lemon Drizzle Cake (GL-EG-SU)

Chocolate Cookie (GL)

Fruit Jelly

Dessert Selection (GL-MI-EG-SU)



@Pantry_uk
The Pantry UK
@ThePantry_uk
The Pantry (uk) Ltd
@Pantry_uk

BREAD CONTAINS - GL - MI - EG - SO



ALLERGY KEY
CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG / FISH - FI / LUPIN - LU / MILK - MI / MOLLUSCS - MO / MUSTARD - MU / NUTS - NU / PEANUTS - PE / SESAME SEEDS - SE SOYA - SO / SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY

